

2017 Pancake 5K - 8/6/2017
20 Annual OCTC Pancake Breakfast 5K
Fairview Park, Costa Mesa
Rankings

Mixed 5k Run RR

Comp#	Name	Team	Time	Points
1	781 Magana, Anvare	M20 Costa Mesa	16:35.09	
2	356 Finkle, Joshua	M26 Huntington Beach	16:53.04	
3	355 Dyson, Eric	M28 Huntington Beach	17:09.02	
4	413 Aguilar, Myles	M17 Costa Mesa	17:37.90	
5	450 Muto, Ryan	M16 Tustin	18:33.10	
6	797 Sybert, Trevor	M40 Vista	18:36.78	
7	395 Mills-Honarvar, Donna	W42 A Snails Pace	18:44.23	1
8	335 Lam, Ethan	M14 Equalizers Track Club	18:51.66	1
9	787 Noonan, Skyler	M15 Costa Mesa	18:56.78	
10	785 Molina, Diane	W14 Costa Mesa	19:02.89	
11	780 Loomis, Seth	M15 Costa Mesa	19:03.15	
12	771 Coenen, Athens	M16 Costa Mesa	19:47.59	
13	793 Sharma, Kshitis	M16 Costa Mesa	20:01.51	
14	461 Rodriguez, Willy	M26 Costa Mesa	20:15.55	
15	767 Bottazzi, JohnPaul	M15 Costa Mesa	20:15.82	
16	327 Gibson, Sofia	W13 Equalizers Track Club	20:16.11	1
17	330 Guerra, Michael	M12 Equalizers Track Club	20:16.42	
18	786 Monroy, Diego	M15 Costa Mesa	20:24.30	
19	321 Biegler, Drew	M12 Equalizers Track Club	20:24.62	
20	360 Gasca, Luis.	M22 A Snails Pace	20:29.75	
21	483 Rossum, Micah	M35 Race Day	20:48.83	
22	328 Goeller, Anna	W16 Equalizers Track Club	20:55.29	1
23	359 Gasca, Luis	M55 A Snails Pace	21:00.49	1
24	455 Powell, Roderick	M61 Garden Grove	21:00.79	
25	431 Gavilan, Armando	M50 Costa Mesa	21:04.79	
26	357 Galambos, Pamela	W43 A Snails Pace	21:10.73	2
27	320 Adams, Brooke	W12 Equalizers Track Club	21:16.76	
28	326 Ferro, Susana	W17 Equalizers Track Club	21:17.11	1
29	475 Schmenk, Doug	M66 Race Day	21:17.94	
30	317 Abdoh, Cameron	M17 Equalizers Track Club	21:19.80	
31	460 Reutter, Scott	M36 Irvine	21:34.71	
32	324 Dao, Aaron	M14 Equalizers Track Club	21:39.96	2
33	476 Griffin, David	M48 Race Day	21:44.75	
34	430 Gamboa, Frank	M32 Huntingtn Bch	21:46.96	
35	452 Orozco, Fernando	M26 Santa Ana	21:57.19	
36	338 Pelayo, Briana	W17 Equalizers Track Club	22:01.27	2
37	207 fritzsche, jenny	W52 Race Day	22:06.28	
38	386 Wilson, Dennis	M61 A Snails Pace	22:17.26	
39	462 Schamble, Ryan	M37 Costa Mesa	22:27.47	
40	367 Peng, Daniel	M31 A Snails Pace	22:37.12	
41	352 Burnell, David	M46 A Snails Pace	22:42.73	
42	325 Faust, Hannah	W14 Equalizers Track Club	22:43.68	2
43	440 Ho, Adam	M34 Brea	22:58.19	
44	779 Kelly, Dave	M58 Irvine	23:04.66	
45	363 Kane, Bill	M47 A Snails Pace	23:06.89	
46	339 Ramos, Jade	W17 Equalizers Track Club	23:07.63	3
47	353 De Avila, Alexandra	W27 Huntington Beach	23:14.04	
48	336 Lambert, Amy	W15 Equalizers Track Club	23:16.43	2
49	343 Trankiem, Andrew	M14 Equalizers Track Club	23:26.01	3
50	472 Watanabe, Kiyoshi	M56 Huntington Beach	23:27.06	
51	795 Sybert, Luke	M12 Vista	23:28.68	
52	438 Hirneisen, Kirsten	W33 Newport Beach	23:30.90	
53	800 Tomasek, Rob	M55 Phoenix	23:31.65	
54	350 Wong, Emily	W14 Equalizers Track Club	23:34.48	3
55	368 Porter, Bobby	M65 A Snails Pace	23:41.88	

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56	778	Joyce, Tess	W54	Huntington Beach	23:44.77	
57	344	Trankiem, Lauren	W16	Equalizers Track Club	23:45.69	3
58	479	Coffman, Will	M9	Race Day	23:50.97	
59	768	Burkhalter, Drew	M39	Aliso Viejo	23:56.38	
60	331	Higashi, Sarah	W16	Equalizers Track Club	23:57.80	
61	340	Schetne, Kurt	M14	Equalizers Track Club	24:15.43	
62	204	montiel, maria	W47	Race Day	24:21.79	
63	442	hunter, john	M60	cypress	24:28.30	
64	332	Jamkochian, Sona	W16	Equalizers Track Club	24:31.45	
65	374	Quenneville, Chris	M58	A Snails Pace	24:36.43	2
66	792	Schafer, Jasmin	W17	Costa Mesa	24:41.59	
67	365	Oliver, Logan	W10	A Snails Pace	24:43.13	
68	342	Torres-Copca, Sofia	W15	Equalizers Track Club	24:43.64	
69	334	Knowles, Steve	M60	Equalizers Track Club	24:44.00	
70	392	Ummel, Steve	M54	Carlsbad	24:45.87	
71	333	Khare, Annika	W16	Equalizers Track Club	24:49.13	
72	349	Vitarella, Paulina	W16	Equalizers Track Club	24:55.26	
73	467	Van der Laan, Annette	W55	Aliso Viejo	24:56.18	
74	323	Chang, Sarah	W15	Equalizers Track Club	24:59.27	
75	208	fritzsche, adam	M11	Race Day	25:23.31	1
76	376	Rawson, Kelsey	W24	Huntington Beach	25:36.70	
77	434	York, Andrea	W30	Una	25:48.22	
78	377	Rayos, Guillermo	M58	A Snails Pace	25:49.94	3
79	341	Shah, Sanaya	W14	Equalizers Track Club	25:51.63	
80	790	Ramirez, Jacqueline	W17	Costa Mesa	25:52.96	
81	318	Aboukhadijeh, Nadia	W14	Equalizers Track Club	25:53.78	
82	474	goeller, sam	M12	Race Day	26:02.80	2
83	788	Parey-Smith, Stefanie	W45	Irvine	26:11.13	
84	454	Peters, Amber	W26	Huntington Beach	26:18.48	
85	394	Wrubel, Jackson	M14	Costa Mesa	26:24.92	
86	796	Sybert, Neil	M67	Vista	26:25.66	
87	362	Jochem, Linda	W59	A Snails Pace	26:27.34	
88	448	Morley, Jim	M59	Costa Mesa	26:34.04	
89	319	Aboukhadijeh, Omar	M8	Equalizers Track Club	26:44.70	
90	354	De Jesus, Monet	W41	A Snails Pace	26:48.99	3
91	798	Szekeresh, Robert	M70	Huntington Beach	27:09.17	
92	418	Aubry, Alexandre	M42	Costa Mesa	27:16.75	
93	415	Allison, Jane	W52	Cypress	27:23.30	
94	201	wilke, rose	W55	Race Day	27:37.22	
95	444	kuntz, david	M65	huntington beach	27:40.53	
96	777	Hodson, Gina	W39	Costa Mesa	27:41.41	
97	478	Anderson, Danny	M11	Race Day	27:57.67	3
98	471	Wallace, Susie	W54	Mission Viejo	28:02.69	
99	799	Tomasek, Ed	M61	Costa Mesa	28:10.73	
100	385	Sienski, Paul	M59	A Snails Pace	28:34.79	
101	484	Hanson, Brittany	W32	Costa Mesa	28:37.06	
102	348	Vitarella, Michael	M13	Equalizers Track Club	28:37.74	
103	384	Sanchez, Will	M69	A Snails Pace	29:07.97	
104	784	McDonagh, Patrick Reagan	M9	Lake Forest	29:11.13	
105	770	Calvin, Lisa	W51	Huntington Beach	29:30.07	
106	209	brunet, anna maria	W47	Race Day	29:33.22	
107	428	Essen, Richard	M63	costa mesa	29:43.56	
108	775	Gould, Jamie	W41	Laguna Hills	29:49.80	
109	364	Norton, Bob	M79	A Snails Pace	30:15.96	
110	769	Burkhalter, Elizabeth	W34	Aliso Viejo	30:22.21	
111	774	Dilday, Tom	M78	Irvine	30:23.11	
112	347	Vitarella, Domenico	M48	Equalizers Track Club	30:26.83	
113	449	Munoz, Petra	W50	Costa mesa	30:27.48	
114	358	Gardella, Jenny	W53	A Snails Pace	30:33.45	

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115	477	McKenna, Karen	W61	Race Day	30:39.03
116	205	foltz, wendy	W61	Race Day	30:42.78
117	322	Biegler, Kevin	M44	Equalizers Track Club	31:00.76
118	766	Bloch, Steve	M68	Unattached	31:04.10
119	791	Rodriguez, Magda	W35	Foothill Ranch	31:06.45
120	773	Dilday, Dustin	M23	Foothill Ranch	31:09.81
121	422	Carrizal, Carlos	M15	Costa Mesa	31:10.16
122	782	McDonagh, Madelyn	W11	Lake Forest	31:17.69
123	783	McDonagh, Patrick	M52	Lake Forest	31:19.18
124	464	Sherman, Susan	W54	Costa Mesa	31:20.37
125	432	Gieser, Richard	M69	Laguna Hills	31:23.99
126	387	Tomasek, Rosie	W56	Costa Mesa	31:55.35
127	451	Noonan, Stacey	W32	Huntingtn Bch	32:45.13
128	388	Trujillo, Aiden	M9	Midway City	33:07.19
129	445	Lee, Linda	W59	Huntington Beach	33:16.13
130	794	Smith, Kevin	M44	Irvine	33:18.43
131	457	Raymond, Debbie	W54	Costa Mesa	33:29.66
132	423	Cota, Kimberly	W41	Santa Ana	33:33.47
133	456	Ralph, Alan	W48	Costa Mesa	33:38.83
134	206	foltz, martin	M60	Race Day	33:42.90
135	424	Courtney, Zabrina	W38	Riverside	33:53.21
136	346	Vitarella, Anthony	M8	Equalizers Track Club	34:11.58
137	446	McGehee, Charles	M49	Trabuco	34:33.96
138	436	Herd, Breanna	W24	huntington beach	34:34.53
139	437	Herd, Steven	M22	huntington beach	34:45.63
140	203	appice, frank	M74	Race Day	35:09.52
141	426	DeWilde, Jessica	W31	Anaheim	35:20.04
142	481	Ytzen, Kyra	W58	Race Day	35:48.70
143	465	stinnett, karleen	W32	Orange	35:53.27
144	480	Ytzen, Richard	M61	Race Day	36:11.69
145	351	Wong, Tristan	M15	Equalizers Track Club	36:12.18
146	345	Vitarella, Ann	W46	Equalizers Track Club	36:12.98
147	482	Ytzen, James	M20	Race Day	36:22.48
148	776	Gould, Steve	M51	Laguna Hills	36:31.23
149	420	Butler, Bill	M65	Costa Mesa	37:34.74
150	421	Carrillo, Alejandro	M31	Costa Mesa	38:39.16
151	416	Andrade, Michael	M7	Carlsbad	38:57.24
152	473	Zunigabravo, Jessica	W34	Yorba Linda	38:58.28
153	463	Seckman, Todd	M39	Costa Mesa	39:50.67
154	393	Winner, Olivia	W40	Huntington Beach	40:18.75
155	391	Trujillo, Zac	M30	Midway City	40:42.70
156	417	Andrade, Ryan	M33	Carlsbad	40:57.92
157	389	Trujillo, Brady	M6	Midway City	42:17.24
158	390	Trujillo, Elsa	W30	Midway City	42:29.09
159	329	Grover, Linda	W69	Equalizers Track Club	42:34.79
160	789	Peterson, Kathryn	W67	Huntington Beach	42:38.29
161	419	Barrera, Claudia	W45	Santa ana	42:42.98
162	369	Puffpaff, Marie	W56	A Snails Pace	42:58.94
163	447	McGill, Lane	W41	Costa Mesa	43:40.98
164	443	Johnson, Traci	W28	Midvale	43:41.55
165	378	Rudolph, Sue	W65	A Snails Pace	50:29.21
166	433	Gomez, Irma	W39	Costa Mesa	55:02.60
167	425	Cox, Joshua	M42	Costa Mesa	55:03.93
168	466	Summers, Bob	M58	Hemet	1:03:03.26

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Event 1 AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
9-10 Results - Women 5000 Run					
1 #365 Oliver, Logan	W10	A Snails Pace	7:57.4	24:43.13	
11-12 Results - Women 5000 Run					
1 #320 Adams, Brooke	W12	Equalizers T	6:51.0	21:16.76	
2 #782 McDonagh, Madelyn	W11	Lake Forest	10:04.4	31:17.69	
13-14 Results - Women 5000 Run					
1 #785 Molina, Diane	W14	Costa Mesa	6:07.9	19:02.89	
2 #327 Gibson, Sofia	W13	Equalizers T	6:31.5	20:16.11	1
3 #325 Faust, Hannah	W14	Equalizers T	7:19.0	22:43.68	2
4 #350 Wong, Emily	W14	Equalizers T	7:35.3	23:34.48	3
5 #341 Shah, Sanaya	W14	Equalizers T	8:19.5	25:51.63	
6 #318 Aboukhadijeh, Nadia	W14	Equalizers T	8:20.2	25:53.78	
15-16 Results - Women 5000 Run					
1 #328 Goeller, Anna	W16	Equalizers T	6:44.1	20:55.29	1
2 #336 Lambert, Amy	W15	Equalizers T	7:29.5	23:16.43	2
3 #344 Trankiem, Lauren	W16	Equalizers T	7:38.9	23:45.69	3
4 #331 Higashi, Sarah	W16	Equalizers T	7:42.8	23:57.80	
5 #332 Jamkochian, Sona	W16	Equalizers T	7:53.7	24:31.45	
6 #342 Torres-Copca, Sofia	W15	Equalizers T	7:57.6	24:43.64	
7 #333 Khare, Annika	W16	Equalizers T	7:59.3	24:49.13	
8 #349 Vitarella, Paulina	W16	Equalizers T	8:01.3	24:55.26	
9 #323 Chang, Sarah	W15	Equalizers T	8:02.6	24:59.27	
17-18 Results - Women 5000 Run					
1 #326 Ferro, Susana	W17	Equalizers T	6:51.1	21:17.11	1
2 #338 Pelayo, Briana	W17	Equalizers T	7:05.3	22:01.27	2
3 #339 Ramos, Jade	W17	Equalizers T	7:26.7	23:07.63	3
4 #792 Schafer, Jasmin	W17	Costa Mesa	7:56.9	24:41.59	
5 #790 Ramirez, Jacqueline	W17	Costa Mesa	8:19.9	25:52.96	
19-24 Results - Women 5000 Run					
1 #376 Rawson, Kelsey	W24	Huntington Beach	8:14.7	25:36.70	
2 #436 Herd, Breanna	W24	huntington beach	11:07.8	34:34.53	
25-29 Results - Women 5000 Run					
1 #353 De Avila, Alexandra	W27	Huntington Beach	7:28.7	23:14.04	
2 #454 Peters, Amber	W26	Huntington Beach	8:28.1	26:18.48	
3 #443 Johnson, Traci	W28	Midvale	14:03.8	43:41.55	
30-34 Results - Women 5000 Run					
1 #438 Hirneisen, Kirsten	W33	Newport Beach	7:34.2	23:30.90	
2 #434 York, Andrea	W30	Una	8:18.4	25:48.22	
3 #484 Hanson, Brittany	W32	Costa Mesa	9:12.7	28:37.06	
4 #769 Burkhalter, Elizabe	W34	Aliso Viejo	9:46.6	30:22.21	
5 #451 Noonan, Stacey	W32	Huntingtn Bch	10:32.6	32:45.13	
6 #426 DeWilde, Jessica	W31	Anaheim	11:22.4	35:20.04	
7 #465 stinnett, karleen	W32	Orange	11:33.1	35:53.27	
8 #473 Zunigabravo, Jessic	W34	Yorba Linda	12:32.7	38:58.28	
9 #390 Trujillo, Elsa	W30	Midway City	13:40.5	42:29.09	

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35-39 Results - Women 5000 Run

1	#777 Hodson, Gina	W39	Costa Mesa	8:54.8	27:41.41
2	#791 Rodriguez, Magda	W35	Foothill Ranch	10:00.8	31:06.45
3	#424 Courtney, Zabrina	W38	Riverside	10:54.5	33:53.21
4	#433 Gomez, Irma	W39	Costa Mesa	17:43.0	55:02.60

40-44 Results - Women 5000 Run

1	#395 Mills-Honarvar, Don	W42	A Snails Pace	6:01.9	18:44.23	1
2	#357 Galambos, Pamela	W43	A Snails Pace	6:49.0	21:10.73	2
3	#354 De Jesus, Monet	W41	A Snails Pace	8:37.9	26:48.99	3
4	#775 Gould, Jamie	W41	Laguna Hills	9:36.1	29:49.80	
5	#423 Cota, Kimberly	W41	Santa Ana	10:48.1	33:33.47	
6	#393 Winner, Olivia	W40	Huntington Beach	12:58.6	40:18.75	
7	#447 McGill, Lane	W41	Costa Mesa	14:03.7	43:40.98	

45-49 Results - Women 5000 Run

1	#204 montiel, maria	W47	Race Day	7:50.5	24:21.79
2	#788 Parey-Smith, Stefan	W45	Irvine	8:25.7	26:11.13
3	#209 brunet, anna maria	W47	Race Day	9:30.8	29:33.22
4	#456 Ralph, Alan	W48	Costa Mesa	10:49.8	33:38.83
5	#345 Vitarella, Ann	W46	Equalizers T	11:39.5	36:12.98
6	#419 Barrera, Claudia	W45	Santa ana	13:45.0	42:42.98

50-54 Results - Women 5000 Run

1	#207 fritzsche, jenny	W52	Race Day	7:06.9	22:06.28
2	#778 Joyce, Tess	W54	Huntington Beach	7:38.6	23:44.77
3	#415 Allison, Jane	W52	Cypress	8:49.0	27:23.30
4	#471 Wallace, Susie	W54	Mission Viejo	9:01.6	28:02.69
5	#770 Calvin, Lisa	W51	Huntington Beach	9:29.8	29:30.07
6	#449 Munoz, Petra	W50	Costa mesa	9:48.2	30:27.48
7	#358 Gardella, Jenny	W53	A Snails Pace	9:50.2	30:33.45
8	#464 Sherman, Susan	W54	Costa Mesa	10:05.3	31:20.37
9	#457 Raymomd, Debbie	W54	Costa Mesa	10:46.9	33:29.66

55-59 Results - Women 5000 Run

1	#467 Van der Laan, Annet	W55	Aliso Viejo	8:01.6	24:56.18
2	#362 Jochem, Linda	W59	A Snails Pace	8:31.0	26:27.34
3	#201 wilke, rose	W55	Race Day	8:53.4	27:37.22
4	#387 Tomasek, Rosie	W56	Costa Mesa	10:16.5	31:55.35
5	#445 Lee, Linda	W59	Huntington Beach	10:42.5	33:16.13
6	#481 Ytzen, Kyra	W58	Race Day	11:31.6	35:48.70
7	#369 Puffpaff, Marie	W56	A Snails Pace	13:50.1	42:58.94

60-64 Results - Women 5000 Run

1	#477 McKenna, Karen	W61	Race Day	9:52.0	30:39.03
2	#205 foltz, wendy	W61	Race Day	9:53.2	30:42.78

65-69 Results - Women 5000 Run

1	#329 Grover, Linda	W69	Equalizers T	13:42.3	42:34.79
2	#789 Peterson, Kathryn	W67	Huntington Beach	13:43.5	42:38.29
3	#378 Rudolph, Sue	W65	A Snails Pace	16:15.0	50:29.21

8 & Under Results - Men 5000 Run

1	#319 Aboukhadijeh, Omar	M8	Equalizers T	8:36.5	26:44.70
2	#346 Vitarella, Anthony	M8	Equalizers T	11:00.4	34:11.58
3	#416 Andrade, Michael	M7	Carlsbad	12:32.3	38:57.24
4	#389 Trujillo, Brady	M6	Midway City	13:36.7	42:17.24

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9-10 Results - Men 5000 Run

1	#479 Coffman, Will	M9 Race Day	7:40.6	23:50.97	
2	#784 McDonagh, Patrick R	M9 Lake Forest	9:23.7	29:11.13	
3	#388 Trujillo, Aiden	M9 Midway City	10:39.7	33:07.19	

11-12 Results - Men 5000 Run

1	#330 Guerra, Michael	M12 Equalizers T	6:31.6	20:16.42	
2	#321 Biegler, Drew	M12 Equalizers T	6:34.2	20:24.62	
3	#795 Sybert, Luke	M12 Vista	7:33.5	23:28.68	
4	#208 fritzsche, adam	M11 Race Day	8:10.3	25:23.31	1
5	#474 goeller, sam	M12 Race Day	8:23.1	26:02.80	2
6	#478 Anderson, Danny	M11 Race Day	9:00.0	27:57.67	3

13-14 Results - Men 5000 Run

1	#335 Lam, Ethan	M14 Equalizers T	6:04.3	18:51.66	1
2	#324 Dao, Aaron	M14 Equalizers T	6:58.5	21:39.96	2
3	#343 Trankiem, Andrew	M14 Equalizers T	7:32.6	23:26.01	3
4	#340 Schetne, Kurt	M14 Equalizers T	7:48.5	24:15.43	
5	#394 Wrubel, Jackson	M14 Costa Mesa	8:30.2	26:24.92	
6	#348 Vitarella, Michael	M13 Equalizers T	9:12.9	28:37.74	

15-16 Results - Men 5000 Run

1	#450 Muto, Ryan	M16 Tustin	5:58.3	18:33.10	
2	#787 Noonan, Skyler	M15 Costa Mesa	6:05.9	18:56.78	
3	#780 Loomis, Seth	M15 Costa Mesa	6:08.0	19:03.15	
4	#771 Coenen, Athens	M16 Costa Mesa	6:22.3	19:47.59	
5	#793 Sharma, Kshitis	M16 Costa Mesa	6:26.8	20:01.51	
6	#767 Bottazzi, JohnPaul	M15 Costa Mesa	6:31.4	20:15.82	
7	#786 Monroy, Diego	M15 Costa Mesa	6:34.1	20:24.30	
8	#422 Carrizal, Carlos	M15 Costa Mesa	10:02.0	31:10.16	
9	#351 Wong, Tristan	M15 Equalizers T	11:39.2	36:12.18	

17-18 Results - Men 5000 Run

1	#413 Aguilar, Myles	M17 Costa Mesa	5:40.5	17:37.90	
2	#317 Abdoh, Cameron	M17 Equalizers T	6:52.0	21:19.80	

19-24 Results - Men 5000 Run

1	#781 Magana, Anvare	M20 Costa Mesa	5:20.3	16:35.09	
2	#360 Gasca, Luis.	M22 A Snails Pace	6:35.9	20:29.75	
3	#773 Dilday, Dustin	M23 Foothill Ranch	10:01.9	31:09.81	
4	#437 Herd, Steven	M22 huntington beach	11:11.3	34:45.63	
5	#482 Ytzen, James	M20 Race Day	11:42.5	36:22.48	

25-29 Results - Men 5000 Run

1	#356 Finkle, Joshua	M26 Huntington Beach	5:26.1	16:53.04	
2	#355 Dyson, Eric	M28 Huntington Beach	5:31.2	17:09.02	
3	#461 Rodriguez, Willy	M26 Costa Mesa	6:31.3	20:15.55	
4	#452 Orozco, Fernando	M26 Santa Ana	7:04.0	21:57.19	

30-34 Results - Men 5000 Run

1	#430 Gamboa, Frank	M32 Huntingtn Bch	7:00.7	21:46.96	
2	#367 Peng, Daniel	M31 A Snails Pace	7:16.9	22:37.12	
3	#440 Ho, Adam	M34 Brea	7:23.6	22:58.19	
4	#421 Carrillo, Alejandro	M31 Costa Mesa	12:26.5	38:39.16	
5	#391 Trujillo, Zac	M30 Midway City	13:06.3	40:42.70	
6	#417 Andrade, Ryan	M33 Carlsbad	13:11.2	40:57.92	

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35-39 Results - Men 5000 Run

1	#483 Rossum, Micah	M35 Race Day	6:42.0	20:48.83
2	#460 Reutter, Scott	M36 Irvine	6:56.8	21:34.71
3	#462 Schamble, Ryan	M37 Costa Mesa	7:13.7	22:27.47
4	#768 Burkhalter, Drew	M39 Aliso Viejo	7:42.4	23:56.38
5	#463 Seckman, Todd	M39 Costa Mesa	12:49.5	39:50.67

40-44 Results - Men 5000 Run

1	#797 Sybert, Trevor	M40 Vista	5:59.5	18:36.78
2	#418 Aubry, Alexandre	M42 Costa Mesa	8:46.9	27:16.75
3	#322 Biegler, Kevin	M44 Equalizers T	9:59.0	31:00.76
4	#794 Smith, Kevin	M44 Irvine	10:43.3	33:18.43
5	#425 Cox, Joshua	M42 Costa Mesa	17:43.5	55:03.93

45-49 Results - Men 5000 Run

1	#476 Griffin, David	M48 Race Day	7:00.0	21:44.75
2	#352 Burnell, David	M46 A Snails Pace	7:18.7	22:42.73
3	#363 Kane, Bill	M47 A Snails Pace	7:26.4	23:06.89
4	#347 Vitarella, Domenico	M48 Equalizers T	9:48.0	30:26.83
5	#446 McGehee, Charles	M49 Trabuco	11:07.6	34:33.96

50-54 Results - Men 5000 Run

1	#431 Gavilan, Armando	M50 Costa Mesa	6:47.1	21:04.79
2	#392 Ummel, Steve	M54 Carlsbad	7:58.3	24:45.87
3	#783 McDonagh, Patrick	M52 Lake Forest	10:04.9	31:19.18
4	#776 Gould, Steve	M51 Laguna Hills	11:45.3	36:31.23

55-59 Results - Men 5000 Run

1	#359 Gasca, Luis	M55 A Snails Pace	6:45.8	21:00.49	1
2	#779 Kelly, Dave	M58 Irvine	7:25.7	23:04.66	
3	#472 Watanabe, Kiyoshi	M56 Huntington Beach	7:32.9	23:27.06	
4	#800 Tomasek, Rob	M55 Phoenix	7:34.4	23:31.65	
5	#374 Quenneville, Chris	M58 A Snails Pace	7:55.3	24:36.43	2
6	#377 Rayos, Guillermo	M58 A Snails Pace	8:18.9	25:49.94	3
7	#448 Morley, Jim	M59 Costa Mesa	8:33.1	26:34.04	
8	#385 Sienski, Paul	M59 A Snails Pace	9:12.0	28:34.79	
9	#466 Summers, Bob	M58 Hemet	20:17.8	1:03:03.26	

60-64 Results - Men 5000 Run

1	#455 Powell, Roderick	M61 Garden Grove	6:45.8	21:00.79
2	#386 Wilson, Dennis	M61 A Snails Pace	7:10.5	22:17.26
3	#442 hunter, john	M60 cypress	7:52.6	24:28.30
4	#334 Knowles, Steve	M60 Equalizers T	7:57.7	24:44.00
5	#799 Tomasek, Ed	M61 Costa Mesa	9:04.2	28:10.73
6	#428 Essen, Richard	M63 costa mesa	9:34.1	29:43.56
7	#206 foltz, martin	M60 Race Day	10:51.1	33:42.90
8	#480 Ytzen, Richard	M61 Race Day	11:39.0	36:11.69

65-69 Results - Men 5000 Run

1	#475 Schmenk, Doug	M66 Race Day	6:51.4	21:17.94
2	#368 Porter, Bobby	M65 A Snails Pace	7:37.7	23:41.88
3	#796 Sybert, Neil	M67 Vista	8:30.4	26:25.66
4	#444 kuntz, david	M65 huntington beach	8:54.5	27:40.53
5	#384 Sanchez, Will	M69 A Snails Pace	9:22.7	29:07.97
6	#766 Bloch, Steve	M68 Unattached	10:00.0	31:04.10
7	#432 Gieser, Richard	M69 Laguna Hills	10:06.4	31:23.99
8	#420 Butler, Bill	M65 Costa Mesa	12:05.8	37:34.74

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70-94 Results - Men 5000 Run

1	#798 Szekeresh, Robert	M70	Huntington Beach	8:44.4	27:09.17
2	#364 Norton, Bob	M79	A Snails Pace	9:44.5	30:15.96
3	#774 Dilday, Tom	M78	Irvine	9:46.8	30:23.11
4	#203 appice, frank	M74	Race Day	11:19.0	35:09.52