

2016 Pancake 5K - 8/7/2016
19 Annual OCTC Pancake Breakfast 5K
Fairview Park, Costa Mesa
Rankings

OVERALL RESULTS

Comp#	Name	Team	Time	Points
1	441 Bermudez, Brett	M19 Costa Mesa	16:44.32	
2	450 Connors, Michael	M49 San Clemente	17:28.56	
3	460 Evora, Daniel	M29 Irvine	17:32.62	
4	518 Keyes, Gregory	M48 Una	17:37.02	
5	512 Wrubel, Jacob	M16 Costa Mesa	17:39.31	
6	489 Pena, Joseph	M17 Costa Mesa	17:59.57	
7	465 Goodsell, Sean	M44 Costa Mesa	18:09.84	
8	516 Krantz, Jacob	M14 Una	18:25.51	
9	436 Aguilar, Myles	M16 Costa Mesa	18:42.88	
10	471 Kadowaki, Matthew	M38 Irvine	19:19.11	
11	820 orozco, fernanco	M25 Una	19:31.04	
12	437 Atterholt, Ken	M56 Irvine	19:39.34	
13	510 Wilson, Justin	M24 Westminster	19:54.35	
14	476 Kossoff, Matthew	M34 Laguna Hills	19:56.36	
15	816 kawakami, ayako	W35 Una	19:59.96	
16	377 Ellerby, Sherri	W52 Orange	20:03.32	
17	485 Mitchell, Riley	M14 Costa Mesa	20:11.58	
18	496 Sharma, Kshitij	M15 Costa Mesa	20:12.68	
19	527 Johnson, Ingrid	W33 Una	20:22.23	
20	478 Lane, Steve	M42 Garden Grove	20:32.69	
21	426 Strauss, Stephanie	W46 Costa Mesa	20:33.97	
22	448 Clarke, Roy	M60 Irvine	20:35.79	
23	403 Molina , Diane	W13 Costa Mesa	20:38.90	
24	491 Powell, Roderick	M60 Garden Grove	20:51.50	
25	481 Lopez, Andrew	M15 Garden Grove	20:53.78	
26	522 McNair, Rob	M62 Una	20:54.57	
27	416 Reiland, Holly	W17 Costa Mesa	21:00.63	
28	468 Hood, Matt	M47 Irvine	21:01.62	
29	381 Galambos, Pamela	W42 Laguna Niguel	21:06.50	
30	475 Klingberg, Johan	M49 norberg	21:11.14	
31	380 Fritzsche, Jennifer	W51 Costa Mesa	21:21.09	
32	824 gellman, mike	W46 Una	21:23.02	
33	462 Gamboa, Frank	M31 Huntington Beach	21:34.11	
34	479 Liu, T	M51 Alhambra	21:46.46	
35	404 Morris, Laura	W47 Costa Mesa	21:52.79	
36	508 Vivar, Art	M36 Orange	21:55.50	
37	480 Loomis, Seth	M14 Costa Mesa	21:59.00	
38	439 Ballon, Alberto	M40 Mission Viejo	22:09.96	
39	474 Kelly, Dave	M57 Irvine	22:23.11	
40	511 Wilson, Mike	M40 Westminster	22:29.81	
41	467 Hanssen, Greg	M49 Irvine	22:35.72	
42	521 Peterson, Joseph	M22 Una	22:47.64	
43	390 Hirneisen, Kirsten	W32 Newport Beach	22:51.16	
44	525 Lopez, Jose	M43 Una	23:07.93	
45	449 Coenen, Athers	M15 Costa Mesa	23:10.64	
46	397 Lee, Sarah	W41 Huntington Beach	23:14.71	
47	487 Navarro, Matthew	M16 Costa Mesa	23:35.51	
48	440 Bermudez, Blake	M14 Costa Mesa	23:43.88	
49	523 Pena, Joshua	M33 Una	23:58.59	
50	492 Resnick, Jonathan	M55 Irvine	24:05.82	
51	484 Minton, Greg	M36 Irvine	24:14.09	
52	359 Blakesley, Cathy	W55 Foothill Ranch	24:16.23	
53	387 Goodsell, Marcelle	W34 Costa Mesa	24:21.07	
54	528 Syhre, Nick	M26 Una	24:22.89	
55	378 Fedele, Sabrina	W14 Costa Mesa	24:27.50	

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56	519	Felix, Ibazan	M11	Una	25:00.29
57	459	Donald, Robert	M51	Newport Beach	25:02.78
58	358	Ballon, Vicki	W33	Mission Viejo	25:11.19
59	444	Burkhalter, Drew	M38	Aliso Viejo	25:12.17
60	356	Allison, Jane	W51	Cypress	25:15.05
61	819	morales, blanca	W25	Una	25:21.87
62	472	Kan, Steve	M61	Irvine	25:23.99
63	469	Hunter, John	M59	Cypress	25:24.52
64	376	Eckes, Barbara	W61	Laguna Beach	25:26.27
65	423	Shargay, Cathleen	W57	Irvine	25:30.04
66	532	Reynolds, Christopher	M10	Una	25:35.51
67	818	oliver, logan	W9	Una	25:36.32
68	409	Pallo, Joanna	W33	Laguna Hills	25:52.13
69	367	Campbell, Erin	W31	Laguna Hills	26:00.71
70	517	Keys, Diana	W46	Una	26:01.15
71	486	Morley, Jim	M58	Costa Mesa	26:02.31
72	413	platt, ashley	W32	Costa Mesa	26:09.43
73	828	leon, yesenia	W25	Una	26:11.99
74	482	Meier, Jason	M47	Costa Mesa	26:16.05
75	829	woodford, mike	M34	Una	26:20.89
76	461	Freeman, Robert	M53	Tustin	26:22.65
77	398	Leitner, Jeanie	W69	Irvine	26:32.19
78	498	Szekeresh, Robert	M69	Huntington Beach	26:33.57
79	424	Smith, Stefanie	W44	Costa Mesa	26:36.38
80	427	Sweet, Judy	W50	Laguna Woods	26:38.33
81	410	Peters, Amber	W25	Huntington Beach	26:43.55
82	355	Aliyeva, Carmen	W36	Long Beach	26:43.98
83	473	Keating, Patrick	M59	Huntington Beach	26:56.28
84	386	Glasgow, Margot	W32	Tustin	27:00.86
85	520	Fedele, Stephanie	W20	Una	27:15.67
86	501	Tomasek, Ed	M60	Costa Mesa	27:20.08
87	402	Merriner, Annelise	W31	san clemente	27:23.98
88	364	Burkhalter, Elizabeth	W38	Aliso Viejo	28:17.13
89	826	oliver, joan	W58	Una	28:26.29
90	379	Freeman, Valerie	W52	Tustin	28:36.62
91	821	nguyen, kirsten	W26	Una	29:26.31
92	458	Dilday, Tom	M77	Huntington Beach	29:30.82
93	384	Gardelle, Jenny	W52	Huntington Beach	29:35.80
94	442	Blanc, Nicolas	M38	Huntington Beach	29:36.14
95	490	Peterson-Zopf, Cameron	M13	rancho santa margari	30:01.71
96	514	Sanchez, Will	M68	Una	30:15.92
97	360	Brough, Lola	W11	Costa Meds	30:16.67
98	368	Corkhill, Andrea	W34	Costa Mesa	30:17.11
99	412	Peterson, Tracy	W46	Rancho Santa Margari	30:24.42
100	361	Brunet, Anna Maria	W46	Huntington Beach	30:24.94
101	365	Calvin, Lisa	W50	Huntington Beach	30:25.33
102	531	Reich, Alex	M42	Una	30:45.85
103	464	Gonzalez, Jose l	M38	Corona	30:46.16
104	432	Welgan, Jane	W69	Laguna Beach	30:55.65
105	417	Reutter, Megan	W30	Newport Beach	30:59.06
106	493	Reutter, Scott	M35	Newport Beach	31:01.19
107	443	Bloch, Steve	M67	Laguna Niguel	31:01.58
108	422	Saxton, Madonna	W57	Irvine	31:09.33
109	452	Daniel, Corey	M15	Westminster	31:16.21
110	369	Dahlke, Dawn	W38	Costa Mesa	31:29.71
111	431	Wallin, Emma	W15	Norberg	31:34.62
112	429	Tomasek, Rosie	W56	Costa Mesa	32:13.14
113	435	Ytzen, Kyra	W57	Laguna Hills	32:23.30

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114	526	Foltz, Martin	M59	Una	32:28.14
115	524	Lehmer, Randy	M59	Una	32:49.61
116	823	brendlinger, earl	M62	Una	32:52.11
117	396	Klingberg, Thilde	W15	Norberg	33:05.12
118	530	Lee, Linda	W58	Una	33:20.90
119	827	noonan, stacey	W31	Una	33:58.83
120	415	Ramirez, Daisy	W36	Orange	34:07.39
121	466	Graban, Mark	M60	Rancho Santa Margari	34:13.79
122	500	Tanner, Keith	M8	Westminster	35:01.14
123	477	Lane, Daniel	M8	Westminster	35:14.40
124	393	Kelly, Emma	W14	Fort Johnson	35:16.47
125	825	bedolla, sabas	W57	Una	35:35.33
126	529	Vivar, Luz	W38	Una	36:01.21
127	445	Butler, Bill	M64	Costa Mesa	36:12.48
128	453	Daniel, Morgan	M13	Westminster	36:15.24
129	407	Onitty, Amber	W38	Westminster	36:48.02
130	494	Rogers, Shawn	M28	Westminster	36:48.92
131	395	Klingberg, Malva	W13	Norbergf	37:28.04
132	394	Klingberg, Gabriella	W46	norberg	37:47.07
133	515	Weidner, Ronan	M9	Una	37:50.40
134	391	Hood, Dawn	W48	Irvine	38:30.89
135	513	Ytzen, Richard	M59	Laguna Hills	38:52.55
136	817	weidner, heather	W45	Una	38:57.74
137	433	Wilson, Linda	W33	Westminster	39:20.00
138	374	DeWilde, Jessica	W30	Anaheim	39:46.44
139	457	DeWilde, Bryan	M35	Costa Mesa	41:11.70
140	366	Cameron, Chris	W64	Costa Mesa	41:12.68
141	411	Peterson, Kathy	W65	Huntington Beach	41:20.49
142	499	Tanner, Jack	M50	Westminster	42:08.61
143	455	Deisner, Jeff	M40	Westminster	46:02.68
144	451	Cortez, Ozzie	M34	City Industry	46:03.10
145	405	Nguyen, Tina	W24	Westminster	46:57.61
146	503	Tran, Kevin	M24	Westminster	48:27.61
147	495	Saxton, Wayne	M58	Irvine	48:28.27
148	392	Jackson, Yvonne	W58	Garden Grove	49:06.03
149	470	Jackson, Brent	M59	Garden Grove	49:12.11
150	434	Wilson - Daniels, Samone	W44	Westminster	49:12.61
151	509	Wilson, Dwight	M41	Westminster	49:18.13
152	371	Davis, Janelle	W36	Ladera Ranch	49:18.46
153	505	Tran, Tuan	M29	Westminster	49:33.65
154	504	Tran, Thomas	M21	Westminster	52:38.39
155	502	Tran, Huy	M27	Westminster	52:39.94

Event 1 AGE GROUP RESULTS

Name	Age Team	Avg Mile	Finals	Points
12 & Under Results - Women 5000 Run				
1 oliver, logan	W9 Una	8:14.5	25:36.32	
2 Brough, Lola	W11 Costa Meds	9:44.8	30:16.67	
13-16 Results - Women 5000 Run				
1 Molina , Diane	W13 Costa Mesa	6:38.8	20:38.90	
2 Fedele, Sabrina	W14 Costa Mesa	7:52.4	24:27.50	
3 Wallin, Emma	W15 Norberg	10:09.9	31:34.62	
4 Klingberg, Thilde	W15 Norberg	10:39.0	33:05.12	
5 Kelly, Emma	W14 Fort Johnson	11:21.3	35:16.47	
6 Klingberg, Malva	W13 Norbergf	12:03.6	37:28.04	

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17-19 Results - Women 5000 Run

1 Reiland, Holly	W17 Costa Mesa	6:45.8	21:00.63
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20-24 Results - Women 5000 Run

1 Fedele, Stephanie	W20 Una	8:46.5	27:15.67
2 Nguyen, Tina	W24 Westminster	15:06.9	46:57.61

25-29 Results - Women 5000 Run

1 morales, blanca	W25 Una	8:09.9	25:21.87
2 leon, yesenia	W25 Una	8:26.0	26:11.99
3 Peters, Amber	W25 Huntington Beach	8:36.2	26:43.55
4 nguyen, kirsten	W26 Una	9:28.6	29:26.31

30-34 Results - Women 5000 Run

1 Johnson, Ingrid	W33 Una	6:33.4	20:22.23
2 Hirneisen, Kirsten	W32 Newport Beach	7:21.4	22:51.16
3 Goodsell, Marcelle	W34 Costa Mesa	7:50.3	24:21.07
4 Ballon, Vicki	W33 Mission Viejo	8:06.4	25:11.19
5 Pallo, Joanna	W33 Laguna Hills	8:19.6	25:52.13
6 Campbell, Erin	W31 Laguna Hills	8:22.4	26:00.71
7 platt, ashley	W32 Costa Mesa	8:25.2	26:09.43
8 Glasgow, Margot	W32 Tustin	8:41.7	27:00.86
9 Merriner, Annelise	W31 san clemente	8:49.2	27:23.98
10 Corkhill, Andrea	W34 Costa Mesa	9:44.9	30:17.11
11 Reutter, Megan	W30 Newport Beach	9:58.4	30:59.06
12 noonan, stacey	W31 Una	10:56.3	33:58.83
13 Wilson, Linda	W33 Westminster	12:39.7	39:20.00
14 DeWilde, Jessica	W30 Anaheim	12:48.2	39:46.44

35-39 Results - Women 5000 Run

1 kawakami, ayako	W35 Una	6:26.3	19:59.96
2 Aliyeva, Carmen	W36 Long Beach	8:36.3	26:43.98
3 Burkhalter, Elizabeth	W38 Aliso Viejo	9:06.3	28:17.13
4 Dahlke, Dawn	W38 Costa Mesa	10:08.3	31:29.71
5 Ramirez, Daisy	W36 Orange	10:59.0	34:07.39
6 Vivar, Luz	W38 Una	11:35.7	36:01.21
7 Onitty, Amber	W38 Westminster	11:50.7	36:48.02
8 Davis, Janelle	W36 Ladera Ranch	15:52.3	49:18.46

40-44 Results - Women 5000 Run

1 Galambos, Pamela	W42 Laguna Niguel	6:47.7	21:06.50
2 Lee, Sarah	W41 Huntington Beach	7:29.0	23:14.71
3 Smith, Stefanie	W44 Costa Mesa	8:33.9	26:36.38
4 Wilson - Daniels, Samone	W44 Westminster	15:50.4	49:12.61

45-49 Results - Women 5000 Run

1 Strauss, Stephanie	W46 Costa Mesa	6:37.2	20:33.97
2 gellman, mike	W46 Una	6:53.0	21:23.02
3 Morris, Laura	W47 Costa Mesa	7:02.6	21:52.79
4 Keys, Diana	W46 Una	8:22.5	26:01.15
5 Peterson, Tracy	W46 UNA	9:47.3	30:24.42
6 Brunet, Anna Maria	W46 Huntington Beach	9:47.4	30:24.94
7 Klingberg, Gabriella	W46 norberg	12:09.7	37:47.07
8 Hood, Dawn	W48 Irvine	12:23.8	38:30.89
9 weidner, heather	W45 Una	12:32.5	38:57.74

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50-54 Results - Women 5000 Run

1	Ellerby, Sherri	W52 Orange	6:27.4	20:03.32
2	Fritzsche, Jennifer	W51 Costa Mesa	6:52.4	21:21.09
3	Allison, Jane	W51 Cypress	8:07.7	25:15.05
4	Sweet, Judy	W50 Laguna Woods	8:34.5	26:38.33
5	Freeman, Valerie	W52 Tustin	9:12.6	28:36.62
6	Gardelle, Jenny	W52 Huntington Beach	9:31.6	29:35.80
7	Calvin, Lisa	W50 Huntington Beach	9:47.6	30:25.33

55-59 Results - Women 5000 Run

1	Blakesley, Cathy	W55 Foothill Ranch	7:48.8	24:16.23
2	Shargay, Cathleen	W57 Irvine	8:12.5	25:30.04
3	oliver, joan	W58 Una	9:09.2	28:26.29
4	Saxton, Madonna	W57 Irvine	10:01.7	31:09.33
5	Tomasek, Rosie	W56 Costa Mesa	10:22.3	32:13.14
6	Ytzen, Kyra	W57 Laguna Hills	10:25.5	32:23.30
7	Lee, Linda	W58 Una	10:44.1	33:20.90
8	bedolla, sabas	W57 Una	11:27.3	35:35.33
9	Jackson, Yvonne	W58 Garden Grove	15:48.3	49:06.03

60-64 Results - Women 5000 Run

1	Eckes, Barbara	W61 Laguna Beach	8:11.3	25:26.27
2	Cameron, Chris	W64 Costa Mesa	13:15.9	41:12.68

65-69 Results - Women 5000 Run

1	Leitner, Jeanie	W69 Irvine	8:32.5	26:32.19
2	Welgan, Jane	W69 Laguna Beach	9:57.3	30:55.65
3	Peterson, Kathy	W65 Huntington Beach	13:18.4	41:20.49

12 & Under Results - Men 5000 Run

1	Felix, Ibzan	M11 Una	8:02.9	25:00.29
2	Reynolds, Christopher	M10 Una	8:14.3	25:35.51
3	Tanner, Keith	M8 Westminster	11:16.3	35:01.14
4	Lane, Daniel	M8 Westminster	11:20.6	35:14.40
5	Weidner, Ronan	M9 Una	12:10.8	37:50.40

13-16 Results - Men 5000 Run

1	Wrubel, Jacob	M16 Costa Mesa	5:41.0	17:39.31
2	Krantz, Jacob	M14 Una	5:55.9	18:25.51
3	Aguilar, Myles	M16 Costa Mesa	6:01.5	18:42.88
4	Mitchell, Riley	M14 Costa Mesa	6:30.0	20:11.58
5	Sharma, Kshitij	M15 Costa Mesa	6:30.4	20:12.68
6	Lopez, Andrew	M15 Garden Grove	6:43.6	20:53.78
7	Loomis, Seth	M14 Costa Mesa	7:04.6	21:59.00
8	Coenen, Athers	M15 Costa Mesa	7:27.6	23:10.64
9	Navarro, Matthew	M16 Costa Mesa	7:35.6	23:35.51
10	Bermudez, Blake	M14 Costa Mesa	7:38.3	23:43.88
11	Peterson-Zopf, Cameron	M13 UNA	9:40.0	30:01.71
12	Daniel, Corey	M15 Westminster	10:03.9	31:16.21
13	Daniel, Morgan	M13 Westminster	11:40.2	36:15.24

17-19 Results - Men 5000 Run

1	Bermudez, Brett	M19 Costa Mesa	5:23.3	16:44.32
2	Pena, Joseph	M17 Costa Mesa	5:47.5	17:59.57

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20-24 Results - Men 5000 Run

1	Wilson, Justin	M24 Westminster	6:24.5	19:54.35
2	Peterson, Joseph	M22 Una	7:20.2	22:47.64
3	Tran, Kevin	M24 Westminster	15:35.9	48:27.61
4	Tran, Thomas	M21 Westminster	16:56.6	52:38.39

25-29 Results - Men 5000 Run

1	Evora, Daniel	M29 Irvine	5:38.8	17:32.62
2	orozco, fernanco	M25 Una	6:17.0	19:31.04
3	Syhre, Nick	M26 Una	7:50.9	24:22.89
4	Rogers, Shawn	M28 Westminster	11:51.0	36:48.92
5	Tran, Tuan	M29 Westminster	15:57.2	49:33.65
6	Tran, Huy	M27 Westminster	16:57.1	52:39.94

30-34 Results - Men 5000 Run

1	Kossoff, Matthew	M34 Laguna Hills	6:25.1	19:56.36
2	Gamboa, Frank	M31 Huntington Beach	6:56.6	21:34.11
3	Pena, Joshua	M33 Una	7:43.1	23:58.59
4	woodford, mike	M34 Una	8:28.9	26:20.89
5	Cortez, Ozzie	M34 City Industry	14:49.4	46:03.10

35-39 Results - Men 5000 Run

1	Kadowaki, Matthew	M38 Irvine	6:13.1	19:19.11
2	Vivar, Art	M36 Orange	7:03.5	21:55.50
3	Minton, Greg	M36 Irvine	7:48.1	24:14.09
4	Burkhalter, Drew	M38 Aliso Viejo	8:06.8	25:12.17
5	Blanc, Nicolas	M38 Huntington Beach	9:31.7	29:36.14
6	Gonzalez, Jose l	M38 Corona	9:54.3	30:46.16
7	Reutter, Scott	M35 Newport Beach	9:59.1	31:01.19
8	DeWilde, Bryan	M35 Costa Mesa	13:15.6	41:11.70

40-44 Results - Men 5000 Run

1	Goodsell, Sean	M44 Costa Mesa	5:50.8	18:09.84
2	Lane, Steve	M42 Garden Grove	6:36.8	20:32.69
3	Ballon, Alberto	M40 Mission Viejo	7:08.1	22:09.96
4	Wilson, Mike	M40 Westminster	7:14.5	22:29.81
5	Lopez, Jose	M43 Una	7:26.8	23:07.93
6	Reich, Alex	M42 Una	9:54.2	30:45.85
7	Deisner, Jeff	M40 Westminster	14:49.3	46:02.68
8	Wilson, Dwight	M41 Westminster	15:52.2	49:18.13

45-49 Results - Men 5000 Run

1	Connors, Michael	M49 San Clemente	5:37.5	17:28.56
2	Keyes, Gregory	M48 Una	5:40.3	17:37.02
3	Hood, Matt	M47 Irvine	6:46.1	21:01.62
4	Klingberg, Johan	M49 norberg	6:49.2	21:11.14
5	Hanssen, Greg	M49 Irvine	7:16.4	22:35.72
6	Meier, Jason	M47 Costa Mesa	8:27.3	26:16.05

50-54 Results - Men 5000 Run

1	Liu, T	M51 Alhambra	7:00.5	21:46.46
2	Donald, Robert	M51 Newport Beach	8:03.7	25:02.78
3	Freeman, Robert	M53 Tustin	8:29.4	26:22.65
4	Tanner, Jack	M50 Westminster	13:33.9	42:08.61

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55-59 Results - Men 5000 Run

1	Atterholt, Ken	M56	Irvine	6:19.6	19:39.34
2	Kelly, Dave	M57	Irvine	7:12.3	22:23.11
3	Resnick, Jonathan	M55	Irvine	7:45.4	24:05.82
4	Hunter, John	M59	Cypress	8:10.7	25:24.52
5	Morley, Jim	M58	Costa Mesa	8:22.9	26:02.31
6	Keating, Patrick	M59	Huntington Beach	8:40.3	26:56.28
7	Foltz, Martin	M59	Una	10:27.1	32:28.14
8	Lehmer, Randy	M59	Una	10:34.0	32:49.61
9	Ytzen, Richard	M59	Laguna Hills	12:30.8	38:52.55
10	Saxton, Wayne	M58	Irvine	15:36.1	48:28.27
11	Jackson, Brent	M59	Garden Grove	15:50.2	49:12.11

60-64 Results - Men 5000 Run

1	Clarke, Roy	M60	Irvine	6:37.8	20:35.79
2	Powell, Roderick	M60	Garden Grove	6:42.9	20:51.50
3	McNair, Rob	M62	Una	6:43.8	20:54.57
4	Kan, Steve	M61	Irvine	8:10.6	25:23.99
5	Tomasek, Ed	M60	Costa Mesa	8:47.9	27:20.08
6	brendlinger, earl	M62	Una	10:34.8	32:52.11
7	Graban, Mark	M60	UNA	11:01.1	34:13.79
8	Butler, Bill	M64	Costa Mesa	11:39.3	36:12.48

65-69 Results - Men 5000 Run

1	Szekeresh, Robert	M69	Huntington Beach	8:33.0	26:33.57
2	Sanchez, Will	M68	Una	9:44.5	30:15.92
3	Bloch, Steve	M67	Laguna Niguel	9:59.2	31:01.58

70-94 Results - Men 5000 Run

1	Dilday, Tom	M77	Huntington Beach	9:30.0	29:30.82
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