

**2014 Pancake 5K - 7/27/2014**  
**17 Annual OCTC Pancake Breakfast 5K**  
**Fairview Park, Costa Mesa**  
**Rankings**

**Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	127 Stucker, James	M22 Costa Mesa	16:41.35	
2	13 Bermudez, Brett	M17 Costa Mesa	16:59.28	
3	72 Magara, Anuare	M17 Costa Mesa	17:20.72	
4	8 Arelar, Andres	M16 Costa Mesa	17:56.12	
5	132 Sybert, Trevor	M37 Vista	18:12.14	
6	183 Decicco, Derek	M33 Unat	18:38.06	
7	157 Robles, Eduardo	M14 Unat	18:48.48	
8	142 Van Berckelaer, Adam	M36 Costa Mesa	18:51.62	
9	166 Crosson, Jeff	M53 Unat	19:05.74	
10	107 Grimes, Kailie	W16 Cherry Valley	19:27.23	
11	101 Reinhart, Robert	M39 Fountain Valley	19:37.86	
12	170 Sandhu, Justin	M15 Unat	20:03.32	
13	175 Van Geem, Aaron	M29 Unat	20:04.49	
14	164 McNair, Rob	M60 Unat	20:13.34	
15	150 Wardrop, Lare	M49 Costa Mesa	20:35.22	
16	55 Gavilan, Armando	M47 Costa Mesa	20:39.29	
17	160 Alonzo, Bianca	W16 Unat	20:53.04	
18	71 Lane, Steve	M40 Garden Grove	20:53.94	
19	92 Orozco, Fernando	M23 Santa Ana	21:19.54	
20	23 Chapin, Christian	M18 Costa Mesa	21:23.26	
21	125 Soto, Brandon	M10 Costa Mesa	22:04.44	
22	136 Tom, Robert	M45 Orange	22:07.28	
23	68 Kelly, Dave	M55 Irvine	22:10.68	
24	79 Morris, Laura	W45 Costa Mesa	22:16.51	
25	59 Greco, George	M66 Carlsbad	22:28.13	
26	28 Clemens, Lauren	W20 Orange	22:29.45	
27	182 Peterson, Karl	M37 Unat	22:32.60	
28	57 Gonzalez, Israel	M15 Costa Mesa	22:42.42	
29	52 Fritzsche, Jennifer	W49 Costa Mesa	22:52.53	
30	179 Nelson, James	M21 Unat	22:54.28	
31	181 Hernandez, Henry	M20 Unat	22:56.13	
32	38 Diaz, Lesley	W17 Costa Mesa	22:58.32	
33	177 McKenzie, Daniel	M15 Unat	23:13.78	
34	169 Searcy, Landon	M12 Unat	23:18.86	
35	27 Clayborn, Danchoise	W54 Fountain Valley	23:21.65	
36	54 Garcia, Erika	W19 Costa Mesa	23:26.00	
37	171 Ching, Grant	M39 Unat	23:33.51	
38	44 Elliott, Nicola	W48 Rocklin	23:37.07	
39	168 Duran, Raquel	W47 Unat	23:42.48	
40	96 Porter, Bobby	M62 Orange	23:53.80	
41	95 Penko, Deborah	W36 Costa Mesa	23:58.22	
42	26 Chapin, Mariah	W20 Costa Mesa	24:04.77	
43	187 Greenwood, Diana	W51 Unat	24:15.15	
44	180 Morales, Jacqueline	W22 Unat	24:35.10	
45	165 Morley, Jim	M56 Unat	24:38.10	
46	35 Devlin, Bridget	W15 Costa Mesa	24:45.69	
47	129 Stucker, Randy	M16 Costa Mesa	24:56.24	
48	94 Penko, Dave	M99 Costa Mesa	25:02.65	
49	133 Szekeresh, Robert	M67 Costa Mesa	25:09.17	
50	112 Salazar, Ryan	M31 Barstow	25:19.33	
51	86 Newsom, Andrew	M9 Sylvania	25:30.01	
52	88 Newsom, Scott	M42 Sylvania	25:30.96	
53	106 Rosales, Adriana	W14 Cherry Valley	25:46.42	

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54	173	Fanzo, Bobby	M36	Unat	26:04.39
55	65	Hirneisen, Kirsten	W30	Tustin	26:11.23
56	42	Donald, Robert	M49	Newport Beach	26:11.85
57	99	Reich, Alex	M41	Costa Mesa	26:17.79
58	105	Rodriguez, Alma	W44	Barstow	26:37.86
59	114	Sanchez, Wil	M66	Costa Mesa	26:38.06
60	81	Muto, Mark	M47	Tustin	26:41.85
61	122	Shargay, Cathy	W55	Irvine	26:45.72
62	9	Atterholt, Ken	M54	Irvine	26:45.98
63	87	Newsom, Elizabeth	W11	Sylvania	26:55.94
64	118	Savage, Katrina	W47	Laguna Niguel	26:59.87
65	115	Santos, America	W17	Garden Grove	27:05.88
66	85	Nelson, Tyree	W37	Costa Mesa	27:07.47
67	186	Tama-Sweet, Isho	M41	Unat	27:19.77
68	188	Eiler, Lisa	W36	Unat	27:20.06
69	130	Sutty, Jodi	W52	Costa Mesa	27:28.85
70	123	Sheffield, Leesa	W27	Newport Beach	27:29.11
71	66	Holmes, Steve	M54	Costa Mesa	27:30.33
72	75	Maynard, Scott	M44	Garden Grove	27:34.41
73	149	Wardrop, Aden	M10	Costa Mesa	27:38.30
74	108	Rosas, Angelina	W9	Kerman	28:02.84
75	109	Rosas, Francisco	M30	Kerman	28:03.10
76	24	Chapin, Cori	W23	Costa Mesa	28:20.78
77	151	Welgan, Jane	W67	Laguna Beach	28:29.38
78	104	Ricker, Joe	M41	Orange	28:31.25
79	25	Chapin, Gina	W42	Costa Mesa	28:39.76
80	51	Freeman, Valerie	W50	Costa Mesa	28:45.56
81	14	bloch, steve	M65	Laguna Niguel	28:50.45
82	113	Sanchez, John	M61	Barstow	28:52.32
83	76	McDONAGH, Madelyn	W8	Lake Forest	28:53.37
84	77	McDONAGH, Patrick	M49	Lake Forest	28:53.75
85	156	Salazar, Alex	M21	Unat	29:01.53
86	91	Norton, Bob	M76	Huntington Beach	29:02.16
87	39	Dilday, Tom	M75	Huntington Beach	29:09.61
88	189	Rudo, Sue	W62	Unat	29:11.30
89	48	Foltz, Martin	M57	Mission Viejo	29:14.53
90	83	Nelson, Sam	M34	Costa Mesa	29:15.30
91	191	Pedroza, Alphonso	M31	Unat	29:17.15
92	155	Ytzen, Richard	M56	Laguna Hills	29:27.92
93	89	Nicholls, Andy	M32	Rancho Santa margari	29:46.25
94	161	Oliver, Joan	W56	Unat	30:03.85
95	184	Peralta, Alejandra	W21	Unat	30:07.16
96	33	Curran, Karleen	W29	Irvine	30:07.89
97	45	Faludi, Adam	M12	costa mesa	30:31.08
98	148	Waltze, Roy	M64	Laguna Beach	30:38.59
99	167	Weber, Palle	M51	Unat	30:49.54
100	46	Faludi, Terri	W51	costa mesa	31:05.07
101	17	Buch, Amy	W51	Mission Viejo	31:15.88
102	37	DeWilde, Jessica	W28	Anaheim	31:16.44
103	141	Valencia, Brianna	W23	Costa Mesa	31:31.75
104	41	Dominguez, Jessica	W22	Santa Ana	31:32.04
105	174	Fanzo, Jessica	W34	Unat	31:45.22
106	19	Cabral, Rosemary	W14	Westminster	31:53.39
107	60	Guerrero, Yvette	W37	Norwalk	31:53.67
108	143	Vargas, Silvia	W23	Costa Mesa	32:20.90
109	147	Verdugo, Eduardo	M28	Costa Mesa	32:34.99
110	18	Butler, Bill	M62	Costa Mesa	32:57.72
111	100	Reich, Nina	W44	Costa Mesa	33:10.59
112	103	Reyes, Edeibi	W31	Santa Ana	33:14.17

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113	78	Moreno, Steve	M53	Costa Mesa	33:29.99
114	154	Ytzen, Kyra	W55	Laguna Hills	33:38.49
115	43	Duong, Than	M38	Lake Forest	33:40.02
116	135	Thomson, Sel	M31	Irvine	34:01.17
117	134	Thomson, Dan	M41	Costa Mesa	34:03.18
118	12	Basile, Anna Maria	W44	Huntington Beach	34:16.99
119	185	Janes, Celia	W16	Unat	34:18.43
120	153	Wren, Stephanie	W35	Fullerton	34:40.23
121	53	Fuller, Edward	M44	Huntington Beach	34:45.73
122	98	Ramirez, Jacqueline	W14	Costa Mesa	35:01.96
123	111	Salazar, Nichole	W45	Orange	35:02.20
124	69	Kontoulis, John	M58	Newport Beach	35:02.42
125	172	Lane, Danny	M6	Unat	35:28.53
126	116	Santos, Darcie	W19	Garden Grove	35:30.27
127	20	Calvin, Lisa	W48	Huntington Beach	35:30.62
128	34	Davila, Richard	M56	Costa Mesa	35:46.99
129	126	Spice, Daniella	W30	Rancho Santa margari	35:49.00
130	74	Maynard, Marla	W41	Garden Grove	36:37.84
131	178	McKenzie, Denise	W44	Unat	37:06.64
132	176	McKenzie, Scott	M44	Unat	37:06.87
133	97	Quesnel, Michael	M61	Yorba Linda	37:24.71
134	110	Salazar, Angela	W29	Barstow	38:31.65
135	128	Stucker, Oran	M56	Costa Mesa	38:50.37
136	152	Whitledge, Connie	W62	Huntington Beach	39:07.48
137	190	Pedroza, Steve	M28	Unat	39:18.32
138	159	West, ED	M79	Unat	41:01.93
139	62	Hammer, Jason	M37	La Palma	41:52.78
140	63	Hammer, Madelaine	W36	La Palma	41:53.06
141	158	Rodriguez, Solia	W60	Unat	43:17.04
142	144	Velazquez, Brenda	W30	Costa Mesa	44:51.01
143	145	Velazquez, Hilda	W32	Costa Mesa	45:41.27
144	73	Malabicky, Jim	M38	Eastvale	46:16.56
145	50	Franco, Christian	W31	Long Beach	46:28.82
146	56	Ghazarian, Lorraine	W67	Costa Mesa	48:09.85
147	146	Velazquez, Karen	W29	Costa Mesa	48:57.99
148	138	Tran, Huy	M25	Orange	49:44.90
149	139	Tran, Lena	W33	Garden Grove	49:45.77
150	30	Crane, Meredith	W48	Westminster	55:00.67
151	31	Crane, Stephanie	W21	Westminster	55:02.60
152	32	Crane, Steve	M52	Westminster	55:02.86

**Event 1 Mixed 5k Run RR**

Name	Age Team	Avg Mile	Finals	Points
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**12 & Under Results - Women 5000 Run**

1	#87 Newsom, Elizabeth	W11 Sylvania	8:40.2	26:55.94
2	#108 Rosas, Angelina	W9 Kerman	9:01.7	28:02.84
3	#76 McDONAGH, Madelyn	W8 Lake Forest	9:18.0	28:53.37

**13-16 Results - Women 5000 Run**

1	#107 Grimes, Kailie	W16 Cherry Valley	6:15.7	19:27.23
2	#160 Alonzo, Bianca	W16 Unat	6:43.4	20:53.04
3	#35 Devlin, Bridget	W15 Costa Mesa	7:58.2	24:45.69
4	#106 Rosales, Adriana	W14 Cherry Valley	8:17.8	25:46.42
5	#19 Cabral, Rosemary	W14 Westminster	10:15.9	31:53.39
6	#185 Janes, Celia	W16 Unat	11:02.6	34:18.43

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7 #98 Ramirez, Jacqueline W14 Costa Mesa 11:16.6 35:01.96

**17-19 Results - Women 5000 Run**

1 #38 Diaz, Lesley W17 Costa Mesa 7:23.7 22:58.32  
 2 #54 Garcia, Erika W19 Costa Mesa 7:32.6 23:26.00  
 3 #115 Santos, America W17 Garden Grove 8:43.4 27:05.88  
 4 #116 Santos, Darcie W19 Garden Grove 11:25.7 35:30.27

**20-24 Results - Women 5000 Run**

1 #28 Clemens, Lauren W20 Orange 7:14.4 22:29.45  
 2 #26 Chapin, Mariah W20 Costa Mesa 7:45.1 24:04.77  
 3 #180 Morales, Jacqueline W22 Unat 7:54.8 24:35.10  
 4 #24 Chapin, Cori W23 Costa Mesa 9:07.5 28:20.78  
 5 #184 Peralta, Alejandra W21 Unat 9:41.7 30:07.16  
 6 #141 Valencia, Brianna W23 Costa Mesa 10:08.9 31:31.75  
 7 #41 Dominguez, Jessica W22 Santa Ana 10:09.0 31:32.04  
 8 #143 Vargas, Silvia W23 Costa Mesa 10:24.8 32:20.90  
 9 #31 Crane, Stephanie W21 Westminster 17:43.0 55:02.60

**25-29 Results - Women 5000 Run**

1 #123 Sheffield, Leesa W27 Newport Beach 8:50.8 27:29.11  
 2 #33 Curran, Karleen W29 Irvine 9:41.9 30:07.89  
 3 #37 DeWilde, Jessica W28 Anaheim 10:04.0 31:16.44  
 4 #110 Salazar, Angela W29 Barstow 12:24.1 38:31.65  
 5 #146 Velazquez, Karen W29 Costa Mesa 15:45.7 48:57.99

**30-34 Results - Women 5000 Run**

1 #65 Hirneisen, Kirsten W30 Tustin 8:25.8 26:11.23  
 2 #174 Fanzo, Jessica W34 Unat 10:13.3 31:45.22  
 3 #103 Reyes, Edeibi W31 Santa Ana 10:41.9 33:14.17  
 4 #126 Spice, Daniella W30 Unat 11:31.7 35:49.00  
 5 #144 Velazquez, Brenda W30 Costa Mesa 14:26.2 44:51.01  
 6 #145 Velazquez, Hilda W32 Costa Mesa 14:42.4 45:41.27  
 7 #50 Franco, Christian W31 Long Beach 14:57.7 46:28.82  
 8 #139 Tran, Lena W33 Garden Grove 16:01.1 49:45.77

**35-39 Results - Women 5000 Run**

1 #95 Penko, Deborah W36 Costa Mesa 7:43.0 23:58.22  
 2 #85 Nelson, Tyree W37 Costa Mesa 8:43.9 27:07.47  
 3 #188 Eiler, Lisa W36 Unat 8:47.9 27:20.06  
 4 #60 Guerrero, Yvette W37 Norwalk 10:16.0 31:53.67  
 5 #153 Wren, Stephanie W35 Fullerton 11:09.6 34:40.23  
 6 #63 Hammer, Madelaine W36 La Palma 13:28.9 41:53.06

**40-44 Results - Women 5000 Run**

1 #105 Rodriguez, Alma W44 Barstow 8:34.3 26:37.86  
 2 #25 Chapin, Gina W42 Costa Mesa 9:13.6 28:39.76  
 3 #100 Reich, Nina W44 Costa Mesa 10:40.7 33:10.59  
 4 #12 Basile, Anna Maria W44 Huntington Beach 11:02.1 34:16.99  
 5 #74 Maynard, Marla W41 Garden Grove 11:47.5 36:37.84  
 6 #178 McKenzie, Denise W44 Unat 11:56.7 37:06.64

**45-49 Results - Women 5000 Run**

1 #79 Morris, Laura W45 Costa Mesa 7:10.2 22:16.51  
 2 #52 Fritzsche, Jennifer W49 Costa Mesa 7:21.8 22:52.53  
 3 #44 Elliott, Nicola W48 Rocklin 7:36.2 23:37.07  
 4 #168 Duran, Raquel W47 Unat 7:37.9 23:42.48  
 5 #118 Savage, Katrina W47 Laguna Niguel 8:41.4 26:59.87  
 6 #111 Salazar, Nichole W45 Orange 11:16.7 35:02.20

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7	#20 Calvin, Lisa	W48	Huntington Beach	11:25.8	35:30.62
8	#30 Crane, Meredith	W48	Westminster	17:42.4	55:00.67

**50-54 Results - Women 5000 Run**

1	#27 Clayborn, Dancoise	W54	Fountain Valley	7:31.2	23:21.65
2	#187 Greenwood, Diana	W51	Unat	7:48.4	24:15.15
3	#130 Suttly, Jodi	W52	Costa Mesa	8:50.8	27:28.85
4	#51 Freeman, Valerie	W50	Costa Mesa	9:15.4	28:45.56
5	#46 Faludi, Terri	W51	costa mesa	10:00.3	31:05.07
6	#17 Buch, Amy	W51	Mission Viejo	10:03.8	31:15.88

**55-59 Results - Women 5000 Run**

1	#122 Shargay, Cathy	W55	Irvine	8:36.9	26:45.72
2	#161 Oliver, Joan	W56	Unat	9:40.6	30:03.85
3	#154 Ytzen, Kyra	W55	Laguna Hills	10:49.7	33:38.49

**60-64 Results - Women 5000 Run**

1	#189 Rudo, Sue	W62	Unat	9:23.7	29:11.30
2	#152 Whitledge, Connie	W62	Huntington Beach	12:35.6	39:07.48
3	#158 Rodriguez, Solia	W60	Unat	13:55.9	43:17.04

**65-69 Results - Women 5000 Run**

1	#151 Welgan, Jane	W67	Laguna Beach	9:10.2	28:29.38
2	#56 Ghazarian, Lorraine	W67	Costa Mesa	15:30.2	48:09.85

**12 & Under Results - Men 5000 Run**

1	#125 Soto, Brandon	M10	Costa Mesa	7:06.3	22:04.44
2	#169 Searcy, Landon	M12	Unat	7:30.3	23:18.86
3	#86 Newsom, Andrew	M9	Sylvania	8:12.5	25:30.01
4	#149 Wardrop, Aden	M10	Costa Mesa	8:53.8	27:38.30
5	#45 Faludi, Adam	M12	costa mesa	9:49.4	30:31.08
6	#172 Lane, Danny	M6	Unat	11:25.1	35:28.53

**13-16 Results - Men 5000 Run**

1	#8 Arelar, Andres	M16	Costa Mesa	5:46.4	17:56.12
2	#157 Robles, Eduardo	M14	Unat	6:03.3	18:48.48
3	#170 Sandhu, Justin	M15	Unat	6:27.4	20:03.32
4	#57 Gonzalez, Israel	M15	Costa Mesa	7:18.6	22:42.42
5	#177 McKenzie, Daniel	M15	Unat	7:28.7	23:13.78
6	#129 Stucker, Randy	M16	Costa Mesa	8:01.6	24:56.24

**17-19 Results - Men 5000 Run**

1	#13 Bermudez, Brett	M17	Costa Mesa	5:28.1	16:59.28
2	#72 Magara, Anuare	M17	Costa Mesa	5:35.0	17:20.72
3	#23 Chapin, Christian	M18	Costa Mesa	6:53.1	21:23.26

**20-24 Results - Men 5000 Run**

1	#127 Stucker, James	M22	Costa Mesa	5:22.3	16:41.35
2	#92 Orozco, Fernando	M23	Santa Ana	6:51.9	21:19.54
3	#179 Nelson, James	M21	Unat	7:22.4	22:54.28
4	#181 Hernandez, Henry	M20	Unat	7:23.0	22:56.13
5	#156 Salazar, Alex	M21	Unat	9:20.6	29:01.53

**25-29 Results - Men 5000 Run**

1	#175 Van Geem, Aaron	M29	Unat	6:27.7	20:04.49
2	#147 Verdugo, Eduardo	M28	Costa Mesa	10:29.3	32:34.99
3	#190 Pedroza, Steve	M28	Unat	12:39.1	39:18.32
4	#138 Tran, Huy	M25	Orange	16:00.8	49:44.90

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**Rankings**

**30-34 Results - Men 5000 Run**

1	#183 Decicco, Derek	M33 Unat	5:59.9	18:38.06
2	#112 Salazar, Ryan	M31 Barstow	8:09.1	25:19.33
3	#109 Rosas, Francisco	M30 Kerman	9:01.8	28:03.10
4	#83 Nelson, Sam	M34 Costa Mesa	9:25.0	29:15.30
5	#191 Pedroza, Alphonso	M31 Unat	9:25.6	29:17.15
6	#89 Nicholls, Andy	M32 Unat	9:35.0	29:46.25
7	#135 Thomson, Sel	M31 Irvine	10:57.0	34:01.17

**35-39 Results - Men 5000 Run**

1	#132 Sybert, Trevor	M37 Vista	5:51.6	18:12.14
2	#142 Van Berckelaer, Ada	M36 Costa Mesa	6:04.3	18:51.62
3	#101 Reinhart, Robert	M39 Fountain Valley	6:19.2	19:37.86
4	#182 Peterson, Karl	M37 Unat	7:15.4	22:32.60
5	#171 Ching, Grant	M39 Unat	7:35.0	23:33.51
6	#173 Fanzo, Bobby	M36 Unat	8:23.6	26:04.39
7	#43 Duong, Than	M38 Lake Forest	10:50.2	33:40.02
8	#62 Hammer, Jason	M37 La Palma	13:28.8	41:52.78
9	#73 Malabicky, Jim	M38 Eastvale	14:53.7	46:16.56

**40-44 Results - Men 5000 Run**

1	#71 Lane, Steve	M40 Garden Grove	6:43.6	20:53.94
2	#88 Newsom, Scott	M42 Sylvania	8:12.8	25:30.96
3	#99 Reich, Alex	M41 Costa Mesa	8:27.9	26:17.79
4	#186 Tama-Sweet, Isho	M41 Unat	8:47.8	27:19.77
5	#75 Maynard, Scott	M44 Garden Grove	8:52.5	27:34.41
6	#104 Ricker, Joe	M41 Orange	9:10.8	28:31.25
7	#134 Thomson, Dan	M41 Costa Mesa	10:57.7	34:03.18
8	#53 Fuller, Edward	M44 Huntington Beach	11:11.4	34:45.73
9	#176 McKenzie, Scott	M44 Unat	11:56.8	37:06.87

**45-49 Results - Men 5000 Run**

1	#150 Wardrop, Lare	M49 Costa Mesa	6:37.6	20:35.22
2	#55 Gavilan, Armando	M47 Costa Mesa	6:38.9	20:39.29
3	#136 Tom, Robert	M45 Orange	7:07.3	22:07.28
4	#42 Donald, Robert	M49 Newport Beach	8:26.0	26:11.85
5	#81 Muto, Mark	M47 Tustin	8:35.6	26:41.85
6	#77 McDONAGH, Patrick	M49 Lake Forest	9:18.1	28:53.75

**50-54 Results - Men 5000 Run**

1	#166 Crosson, Jeff	M53 Unat	6:08.8	19:05.74
2	#9 Atterholt, Ken	M54 Irvine	8:37.0	26:45.98
3	#66 Holmes, Steve	M54 Costa Mesa	8:51.2	27:30.33
4	#167 Weber, Palle	M51 Unat	9:55.3	30:49.54
5	#78 Moreno, Steve	M53 Costa Mesa	10:47.0	33:29.99
6	#32 Crane, Steve	M52 Westminster	17:43.1	55:02.86

**55-59 Results - Men 5000 Run**

1	#68 Kelly, Dave	M55 Irvine	7:08.3	22:10.68
2	#165 Morley, Jim	M56 Unat	7:55.8	24:38.10
3	#48 Foltz, Martin	M57 Mission Viejo	9:24.8	29:14.53
4	#155 Ytzen, Richard	M56 Laguna Hills	9:29.1	29:27.92
5	#69 Kontoulis, John	M58 Newport Beach	11:16.7	35:02.42
6	#34 Davila, Richard	M56 Costa Mesa	11:31.1	35:46.99
7	#128 Stucker, Oran	M56 Costa Mesa	12:30.1	38:50.37

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**60-64 Results - Men 5000 Run**

1	#164 McNair, Rob	M60 Unat	6:30.6	20:13.34
2	#96 Porter, Bobby	M62 Orange	7:41.5	23:53.80
3	#113 Sanchez, John	M61 Barstow	9:17.6	28:52.32
4	#148 Waltze, Roy	M64 Laguna Beach	9:51.8	30:38.59
5	#18 Butler, Bill	M62 Costa Mesa	10:36.6	32:57.72
6	#97 Quesnel, Michael	M61 Yorba Linda	12:02.5	37:24.71

**65-69 Results - Men 5000 Run**

1	#59 Greco, George	M66 Carlsbad	7:14.0	22:28.13
2	#133 Szekeresh, Robert	M67 Costa Mesa	8:05.8	25:09.17
3	#114 Sanchez, Wil	M66 Costa Mesa	8:34.4	26:38.06
4	#14 bloch, steve	M65 Laguna Niguel	9:17.0	28:50.45

**70+ Results - Men 5000 Run**

1	#94 Penko, Dave	M99 Costa Mesa	8:03.7	25:02.65
2	#91 Norton, Bob	M76 Huntington Beach	9:20.8	29:02.16
3	#39 Dilday, Tom	M75 Huntington Beach	9:23.2	29:09.61
4	#159 West, ED	M79 Unat	13:12.5	41:01.93